



Nicla D. Interiors

*“Harmony is not something
you find, it’s something
your create”*



Biophilia

“An innate and genetically determined affinity of human being
with the natural world”

- Edward O. Wilson, Biophilia 1984 -





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What will I talk about?

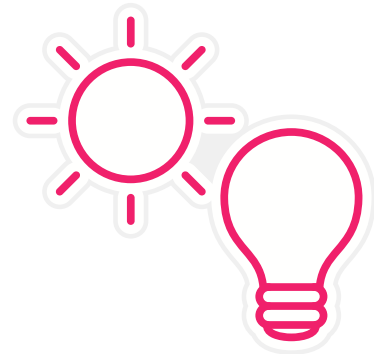
1. Impact of colours and the benefits of plants
2. Plants that complement your interior style
3. Look after your plants
4. Colour inspirations from nature



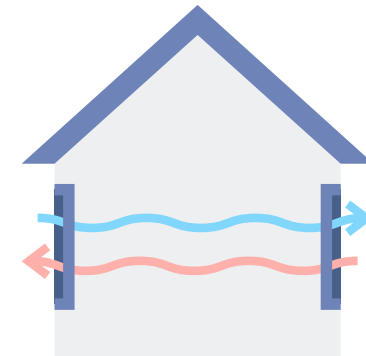
Biophilic Design is..



Plants



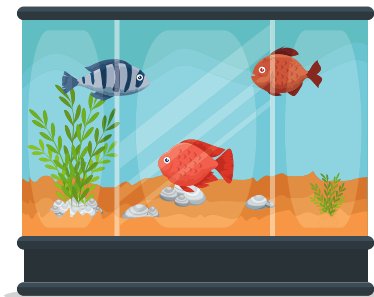
Natural Lighting



Ventilation



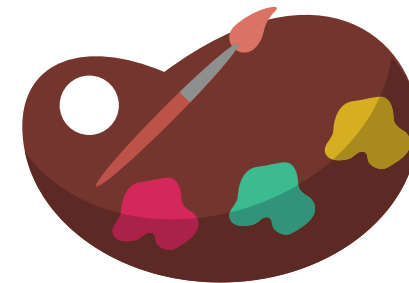
Natural materials



Water features



Natural landscape features



Nature's colours

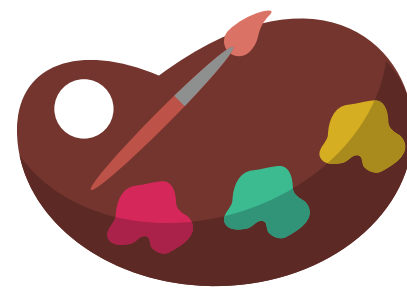


Natural Patterns

1. Impacts of colours & the benefits of plants

Colour Psychology

Colour psychology is the study of how colours determine human emotions and behaviours. We react to colours based on a complex series of interactions between our personal tastes, our family upbringing, and our cultural background.



Nature

- Reduce stress levels
- Improve air quality
- Sharpen attention
- Boost productivity
- Can be therapeutic
- etc etc



2. Plants that complement your interior style



Modern



Bohemian

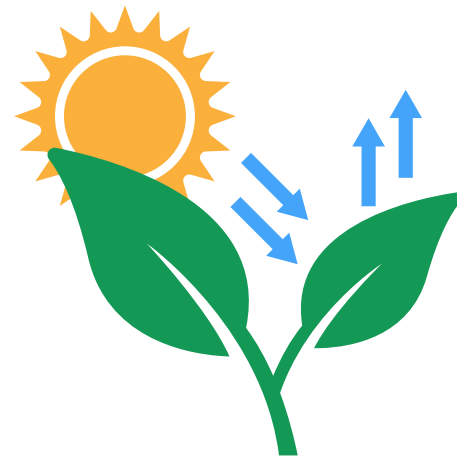


Bold

3. Look after your plants



Routine



Light

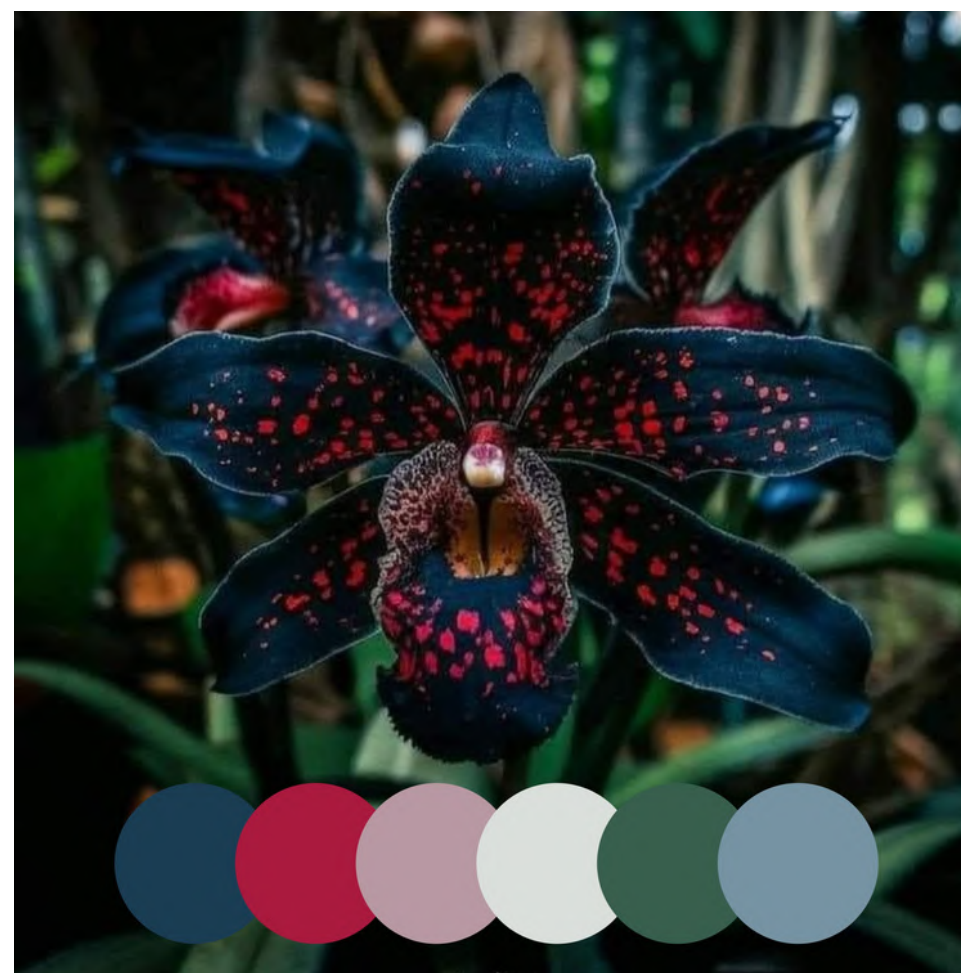
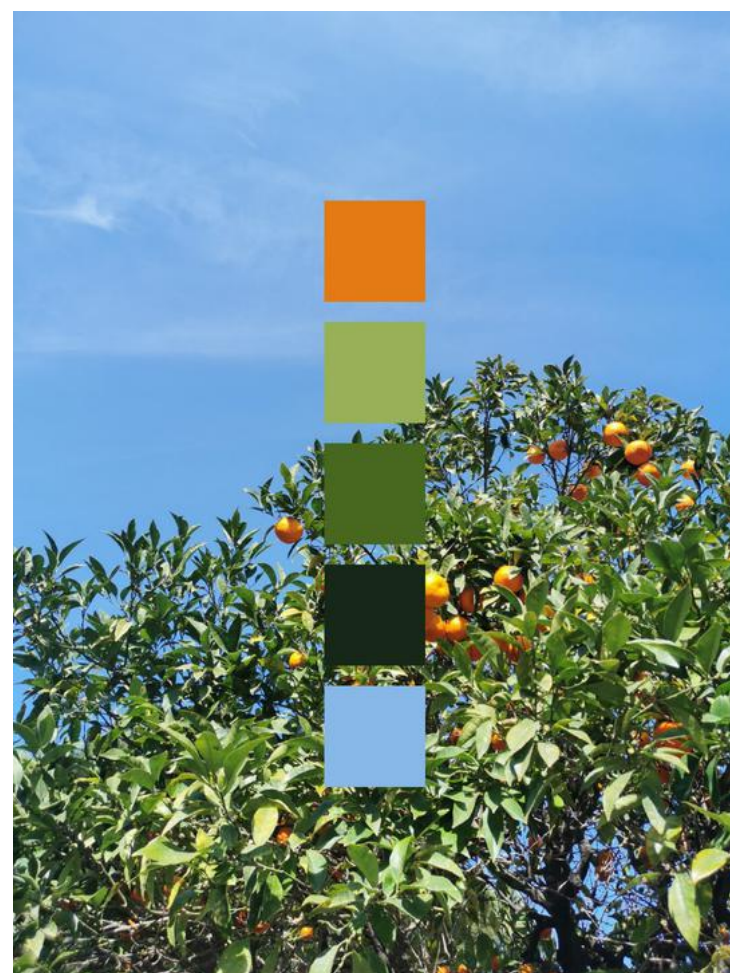


Prune



Dusting

4. Colour inspirations from Nature




Biophilic Interiors..




Bold Biophilic Interiors..






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